| DECISION-MAKER:   |         | HEALTH OVERVIEW AND SCRUTINY PANEL              |      |               |  |  |
|-------------------|---------|---|------|---------------|--|--|
| SUBJECT:          |         | DRAFT HEALTH AND WELLBEING STRATEGY (2017-2025) |      |               |  |  |
| DATE OF DECISION: |         | 25 FEBRUARY 2017                                |      |               |  |  |
| REPORT OF:        |         | DIRECTOR OF PUBLIC HEALTH                       |      |               |  |  |
| CONTACT DETAILS   |         |   |      |               |  |  |
| AUTHOR:           | Name:   | Dr Debbie Chase<br>Consultant in Public Health  | Tel: | 023 8083 3694 |  |  |
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| Director          | Name:   | Dr Jason Horsley<br>Director of Public Health   | Tel: | 023 8083 3818 |  |  |
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# STATEMENT OF CONFIDENTIALITY

N/A

## **BRIEF SUMMARY**

Health and wellbeing is important to everyone in Southampton, whether they live, work or learn in the city. The Joint Health and Wellbeing Strategy for Southampton sets out the strategic vision for improving the health and reducing health inequalities in the city.

Southampton's current Health and Wellbeing Strategy was published in March 2013 and the refreshed strategy will run from 2017 to 2025. It sets out a vision for Southampton to have a culture and environment which promotes and supports health and wellbeing for all. It includes the outcomes to achieve over the next eight years and is based on evidence from the Joint Strategic Needs Assessment. The strategy will be supported by a number of more detailed strategies and action plans.

#### **RECOMMENDATIONS:**

(i) That the Health Overview and Scrutiny Panel considers and provides any comments and feedback on the draft Health and Wellbeing Strategy 2017-2025.

## REASONS FOR REPORT RECOMMENDATIONS

- 1. Local Authorities and Clinical Commissioning Groups (CCGs) have equal and joint statutory duties to prepare a Health and Wellbeing Strategy that sets out how they plan to work together with local partners to meet health and care needs identified in the Joint Strategic Needs Assessment (JSNA).
- 2. This strategy sets out a vision for improving health and wellbeing for all and reducing health inequalities in Southampton, as well as how partners across the city can work together to achieve these outcomes.

# **ALTERNATIVE OPTIONS CONSIDERED AND REJECTED**

3. The Health and Wellbeing Strategy is a statutory requirement; therefore, there is no alternative option.

| DETAI | DETAIL (Including consultation carried out)   |  |  |  |  |
|-------|---|--|--|--|--|
|       | Background  |  |  |  |  |
| 4.    | Southampton is a thriving city with enormous growth potential, however health outcomes are poorer than in other areas in the south east and the city's characteristics relating to poverty and deprivation present challenges. For instance, the under 75 mortality rate from all cardiovascular diseases has remained high whilst the England average has reduced. The suicide rate is also twice that of the England average, increasing since 2009-11, and smoking prevalence and alcohol related problems in adults are also higher than England average. |  |  |  |  |
| 5.    | Southampton's population demographic is relatively young compared with the England average. Children in the city have high levels of physical inactivity and obesity and tooth decay is also much higher than the England average. Children and young people have identified mental health as a key issue.  |  |  |  |  |
| 6.    | Lifestyle choices, socio-economic status and level of deprivation aside, there are environmental factors that significantly contribute to poor health in Southampton. For example, exposure to air pollution increases the risk of deaths from cardiovascular and respiratory conditions and is a significant health issue for Southampton, with 6.2% of deaths attributable to long term exposure to air pollution in 2010.  |  |  |  |  |
| 7.    | Action is required to create a culture and environment that supports people to make healthy choices for themselves, their families and communities; stay well and independent and manage their own health and wellbeing; and access care which is joined up and tailored to meet the needs of the individual when they need it. The draft health and Wellbeing Strategy sets out a vision for partners across the city to work together to address these challenges and improve health and wellbeing outcomes for residents.                                  |  |  |  |  |
|       | Developing the Strategy   |  |  |  |  |
| 8.    | The draft Health and Wellbeing Strategy has been developed using evidence of population need described JSNA, and engagement with residents and stakeholders to gain an understanding of their views on health and wellbeing.  |  |  |  |  |
| 9.    | Engagement for the proposed strategy took place throughout March and April 2016, with over 900 residents participating in a survey on health outcomes. The majority of residents (70%) assessed their health as being good or very good. Mobility problems, cancer, mood/contentment and money were highlighted by residents as their greatest health and wellbeing concerns for the future.  |  |  |  |  |
| 10.   | In addition, an early draft of the Health and Wellbeing Strategy was published in May 2016 in order to invite public and professional input. In total, 161 people responded. Engagement exercises and discussion sessions were also held with Healthwatch, People's Panel members (two events), and Sure Start Centre customers. The results of this engagement were fed back to Southampton City Council, the Clinical Commissioning Group and the Health and Wellbeing Board, and have been used to inform the latest update of the draft strategy.         |  |  |  |  |

|                       | Outcomes and themes   |  |  |  |  |
|-----------------------|---|--|--|--|--|
| 11.                   | Southampton's previous strategy set out 64 actions to improve health in Southampton under three themes: (1) Building resilience and using preventative measures to achieve better health and wellbeing, (2) best start in life and (3) living and ageing well. In the final review of progress against these actions in 2015/16, 95% of commitments had been achieved or were underway.                     |  |  |  |  |
| 12.                   | The proposed draft Health and Wellbeing Strategy has a vision that, over the next eight years, Southampton has a culture and environment that promotes and supports health and wellbeing for all. The ambition is to significantly improve health and wellbeing outcomes and reduce health inequalities in Southampton by 2025.   |  |  |  |  |
| 13.                   | The strategy includes four themes:  |  |  |  |  |
|                       | <ul> <li>People in Southampton live active, safe and independent lives and manage their own health and wellbeing</li> <li>Inequalities in health outcomes are reduced.</li> <li>Southampton is a healthy place to live and work with strong, active communities</li> <li>People in Southampton have improved health experiences as a result of</li> </ul>   |  |  |  |  |
|                       | high quality, integrated services.  |  |  |  |  |
| 14.                   | Progress in delivering this eight year strategy will be assessed periodically. Measures are described within the strategy and most are included within the national public health outcome framework.  |  |  |  |  |
| 15.                   | The Health and Wellbeing Strategy sits within a framework of other strategies and plans across the local health and care system. These set out the actions required to achieve our long term goals. Progress against these plans will be reported to the Southampton Health and Wellbeing Board on a regular basis and longer term outcomes will be monitored through the Joint Strategic Needs Assessment. |  |  |  |  |
| 16.                   | The strategic intent set out in the draft strategy aligns with:   |  |  |  |  |
|                       | <ul> <li>Southampton Connect City Strategy priorities (2015-2025), particularly the priority "Healthier and safer communities".</li> <li>Southampton City Council Strategy priorities (2016-2020) in the Council Strategy, particularly the outcome "People in Southampton live safe, healthy, independent lives".</li> </ul>   |  |  |  |  |
|                       | • Southampton City Clinical Commissioning Group five year strategic plan (2014-2019), and Two Year Operational Plan (2017-2019).  |  |  |  |  |
| RESOURCE IMPLICATIONS |   |  |  |  |  |
| Capital/Revenue       |   |  |  |  |  |
| 17.                   | There are no resource or financial implications at this stage. The strategy will inform commissioning of health and care services.  |  |  |  |  |
| Property/Other        |   |  |  |  |  |
|                       |   |  |  |  |  |

None

**LEGAL IMPLICATIONS** 

18.

| joint statutory duties to prepare a Health and Wellbeing Strategy under powers outlined in the Local Government and Public Involvement in He Act 2007 section 116A (as amended by the Health and Social Care Ac section 193).  Other Legal Implications:  20. None  POLICY FRAMEWORK IMPLICATIONS  21. The proposed Health and Wellbeing Strategy (2017-2025) is listed as a strategy in Southampton City Council's Policy Framework Part 2 Article The delivery of the Health and Wellbeing Strategy also contributes to the priorities and outcomes set out in the Southampton City Strategy 2015 and the Southampton City Council Strategy 2017-2020.  KEY DECISION? Yes  WARDS/COMMUNITIES AFFECTED: All  SUPPORTING DOCUMENTATION  Appendices  1. Draft Health and Wellbeing Strategy 2. Draft Health and Wellbeing Strategy Background Document  Documents In Members' Rooms  1. None  Equality Impact Assessment  Do the implications/subject of the report require an Equality Impact Assessment (EIA) to be carried out.  Privacy Impact Assessment  Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out.  Other Background Documents  Joint Strategic Needs Assessment:  Equality Impact Assessment and Other Background documents available inspection at:  Title of Background Paper(s)  Relevant Paragraph of the Access Information Procedure Rules / South 212A allowing document to be   | C4-44-  |   |  |   |                 |  |  |  |
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| 2. Draft Health and Wellbeing Strategy Background Document  Documents In Members' Rooms  1. None  Equality Impact Assessment  Do the implications/subject of the report require an Equality Impact Assessment (EIA) to be carried out.  Privacy Impact Assessment  Do the implications/subject of the report require a Privacy Impact Assessment (PIA) to be carried out.  Other Background Documents  Joint Strategic Needs Assessment:  Equality Impact Assessment and Other Background documents available inspection at:  Title of Background Paper(s)  Relevant Paragraph of the Access Information Procedure Rules / Sc 12A allowing document to be  | Append  | dices   |  |   |                 |  |  |  |
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| 1. None  | 1.  | None  |  |   |                 |  |  |  |